

Oahu Area PI Subcommittee Presentation To Kaiser Permanente Chemical Dependency Program Clients

Introduction

- Welcome to presentation on NA
- Introduce those leading the workshop and explain the type of meeting

Video

- Play “Just For Today” video

What is Narcotics Anonymous

- What is Narcotics Anonymous – *READING*
- Who Is An Addict? - *READING*
- Total Abstinence - As defined by NA:
(Have volunteer read last two paragraphs of How It Works,)

Working The Program

- **So Where and How Does Recovery Happen?**
(Our primary activity in recovery is attending meetings of NA and working the steps of NA.)
- **How It Works – *READING***
(Explain what is meant by “working a program” or “Program of Recovery.” Reference 12 Steps, 12 Traditions; Reference How It Works reading)
- **Higher Power - *READ:***
You’ve heard our references to a Higher Power and God in our readings. The NA Basic Text reads: “Our understanding of a Higher Power is up to us. No one is going to decide for us. We can call it the group, the program, or we can call it God. The only suggested guidelines are that this power be loving, caring, and greater than ourselves. We don’t have to be religious to accept this idea. The point is that we open our minds to believe.”
(Explain this is a spiritual not religious program)
- **Sponsorship (explain)**
(Use Sponsorship IP; men work with men, women work with women, etc.)
- **Support Group (explain)**
(Explain how to get telephone numbers and use them; Helpline, mention Home Group)
- **Service (explain)**
(Explain how NA is run by volunteers, local organization)

Meetings & NA Membership

- **Types of meetings (explain)**
(How to use meeting guide legend; Open vs. Closed; Closed means addicts only;))
- **Home Group (explain)**
(Regular attendance; Way to get to know people; Introduction to service; Business meetings)
- **Readings at meetings:**
(explain why these are read; Reference “White Pamphlet”)
- **Newcomers: At NA meetings we will ask if there are any newcomers in their first thirty days of clean time**
(explain why; Primary purpose)
- **7th Tradition (explain)**
(Reference “What’s the Basket For?” IP)
- **NA Membership - *READ*:**
The 3rd Tradition states the only requirement for membership is a desire to stop using. Membership is not automatic when you walk in the door of a meeting, or when you decide to stop using. The decision to become a member of our fellowship rests with the you only, you are a member when you choose to. (Explain)
- **Identification at NA Meetings:**
At NA meetings we introduce ourselves by our first names and only as addicts. When members identify themselves as “addicts and alcoholics”, the clarity of the NA message is blurred. Our identification as ADDICTS is all-inclusive referring to the disease of addiction, allowing us to concentrate on our similarities not our differences. (Reference wording of 1st Step)

Literature

(explain literature, it’s uses and costs)

1. **Basic Text**
2. **It Works How and Why**
3. **Step Working Guide**
4. **Just For Today**
5. **Booklets (In Times of Illness, Introductory Guide)**
6. **Information Pamphlets (Free at all meetings)**
7. **Key tags and Medallions (Celebration of clean time)**

Speaking / Sharing at NA Meetings

- **An Addict's Story- Basic Share 15 Minutes**
- **Sharing at meetings - *READ*:**

In NA meetings we share our life experience in recovery. We deal with every aspect of our addiction, not just it's most obvious symptom: our uncontrollable drug use. We try to avoid specific details of our using. We don't "cross talk" when we share – each person is allowed to share, we don't interrupt or offer open advice to someone who shared.

In Closing

- **What NA is not - *READ*:**

NA is not a religious movement, an employment agency or a social service organization. We have no paid social workers. NA does not prescribe or pay for treatment for addicts; does not run hospitals, recovery houses or any other outside enterprises. Narcotics Anonymous is here to help any addict who wants to stop using.
- **Questions and Answers**
- **Here are some tools that work for us - *READ*:**
 - Come to 90 meetings in 90 days and don't use in between.
 - Read some NA literature everyday. Our pamphlets and meeting schedules are free and our basic text and other books are for sale.
 - Get a sponsor. If you don't know what that is, read the pamphlet on sponsorship.
 - Get phone numbers and use them.
 - Most importantly, KEEP COMING BACK!
- **Close the workshop with thanking the attendees and Kaiser for allowing us to carry our message.**